



House Rules

- We keep a smoke-free environment.
- We take off our shoes when entering the house in order to keep it clean.
- We wash our hands before meal times and after using the toilet.
- We eat our meals together on the dining table.
- High chairs are also placed around the table.
- We are kind and respectful to one another.
- We will value and never damage each other's property.
- We do not call each other names or hurt each other in any way, not physically nor emotionally.
- We all help tidy up at the end of each day.

Behaviour

Clear and consistent guidelines and instructions are very important to children. They give them a sense of understanding which behaviour is acceptable in order to keep them-selves safe as well as learn social skills.

- We are kind, polite and considerate towards each other's feelings.
- We all play nicely together.
- Children are included and encouraged to take part in the same activities (depending on age).
- Bad language will not be tolerated.
- All children are encouraged to share toys and resources.
- All children are expected to treat toys and resources with care.
- All children will value other people's property.

Good and wanted behaviour will always be praised not just to the child but also to parents and other carers.

- Unacceptable behaviour will always be disapproved of.
- Children who hurt or upset another child will be expected to apologise.
- I will inform the child of what they have done wrong and why it was unacceptable.
- Children in my care will not be smacked, physically or emotionally hurt or humiliated.

Equal Opportunities

I am committed to provide equal opportunities to all children and families.

Different ethnic origins, religions and cultures will be valued and respected. I will not discriminate against children on the grounds of gender, disability, religion or ethnic backgrounds.

My facilities offer play opportunities for all children aged from three months up to twelve years, regardless of ability, race, ethnic origin, gender and religious beliefs.

Toys and other resources such as books and puzzles have been and continuously will be selected to provide positive images of all cultures and abilities.

Discriminatory behaviour or remarks are not accepted.

I will ensure that all children are treated with equal concern and respect, supporting their individual needs.

Child Protection

I will endeavour to:

- Promote the welfare, health and full development of all children in my care and protect them from harm of all kinds.
- Recognise that children have rights as individuals and will treat them with dignity and respect.
- Use discipline only in a positive and non-violent way.
- Raise awareness about what children are entitled to be protected from.
- Plan our work so as to minimise the opportunities to suffer harm.
- Develop effective procedures for responding to accident and complaints and to alleged or suspected incidents of abuse.

Any accidents or incidences will be dealt with immediately, recorded and reported to the parents.

As a registered childminder and in accordance of the Children's Act 1989,

I have a duty to report any incidences of child abuse.

Such incidences will be recorded and if necessary, passed onto the relevant local authorities.

Any existing injuries your child has on arrival at the setting will be recorded and monitored. A signed explanation of the injury will be required.

Should I suspect that a child in my care is a victim of abuse, I will first approach the parents. However, should the parent's explanation of the matter appear unsatisfactory or the child still shows signs of abuse, then I reserve the right to refer the case to the relevant local authorities.

Any existing injuries your child has on arrival at the setting will be recorded and monitored. A signed explanation of the injury will be required.

Hygiene

- Wash their hands following the use of the toilet.
- Wash their hands and faces prior to meal times and following messy and outdoor play.
- Wear aprons whilst doing arts and crafts to protect their clothing during painting and messy play.

All children will be provided with their own hand towels. Children will generally be encouraged to keep themselves and their clothes clean. It is my aim to provide aprons for all children to use in order to protect their clothes during painting and messy play.

All young children who require a sleep during the day will be provided with their own bed linen.

Food

Breakfast, lunch and snacks will be provided to all children in my care.
As a qualified chef, I will ensure a balanced and nutritious diet every day.
A typical weekly menu contains the following:

Breakfast between 7:30 – 8:15

Selection of cereals
Milk, fruit juices or fruit tea
Wholemeal toast with sweet or savoury toppings
Yoghurts
Fresh fruit

Snacks between 10:00 – 10:30 and 3:30pm – 4:00pm

Toast, rice cakes or savoury biscuits with a choice of toppings
Vegetable sticks with dips
Avocado pears
Yoghurts
Fresh fruit
Glass of milk or fruit juice

Lunch between 12:30 – 1:00pm

Sandwiches with savoury fillings such as tuna or salmon, ham, cheese, egg or salad
Jacket potatoes with savoury fillings and side salad
Homemade soups with wholemeal bread
Pasta with various sauces such as tomato, pesto, vegetable or beef bolognaise
Homemade fish cakes with mashed potatoes or rice and mixed vegetables.

Water will be available to all children throughout the day.
Formula milk and solids for babies are to be provided by the parents.

I aim to cater for children with food allergies and will be working on this in partnership with the parents.

Sickness

I will endeavour to protect children from illness and cross contamination to the best of my ability and I will therefore not mind sick children unless the illness is minor and not highly contagious or dangerous to other children and adults.

Should a child in my care fall ill, parents will be contacted immediately. Emergency contact numbers must be provided and will be verified with all parents on a regular basis.

Medicines, such as Calpol, teething gel as well as prescribed medicines will be administered according to parent's / doctor's instructions provided permission to do so has been received from the parents.

Outings

I offer regular outings to all children either by foot or by car provided permission to do so has been received from the parents.

My car is insured for business use.

Appropriate car safety equipment, such as baby, - child, and booster seats are / will be provided.

Fire Escape Plan

Fully functional fire alarms are fitted in the hall on the ground floor and in the first floor landing. Relatively low amounts of smoke will trigger the alarms to go off which will offer sufficient notice to evacuate the house.

In the unlikely event of a fire, all children will be gathered in the hall on the ground floor and the group will be led out of the house, across the street and into the meadow opposite the house. Mobile phone and registration book will be taken when evacuating the house. A fire engine will be called as soon as the children are safe on the meadow.